

# WOODLAND WALKS

**Good health one step at a time!**

**Explore the Colinton Dells on guided and led walks supported by the Water of Leith Conservation Trust. Enjoy woodland arts, crafts and activities.**

## **WHERE?**

**Meet at the Water of Leith Visitor Centre,  
24 Lanark Road, EH14 1TQ: buses 20, 34, 44 (direct)  
or 35 and short walk from Asda Chesser**

## **WHEN?**

**3 February 2015: 11am - Guided walk  
23 February 2015: 11am - mini beast safari  
(children welcome)  
17 March: 11am - Wild art and picnic**

## **Contact**

**MEHIS: Fulmaya 536 9544 / Health All Round: Alan 337 1376**

**MEHIS**

MINORITY ETHNIC  
HEALTH INCLUSION SERVICE

