



Sometimes life is difficult

It may be helpful to talk through
things with someone who is
trained and objective

Counselling sessions are now available
on Tuesday mornings

For details or to book an appointment please contact:

Aspire Counselling, Oxgangs Neighbourhood Centre, 71 Firhill Drive, Edinburgh, EH13 9EU

0131 446 9923 | oxgangsneighbourhoodcentre@gmail.com



Aspire Counselling Service is part of Central, Scottish Charity No SC005871 and a member of COSCA
Oxgangs Neighbourhood Centre, Scottish Charity No SC02457