Edinburgh's Playday The Grassmarket Wednesday 29th July, 2015 12.30–4.30pm

Edinburgh's Playday takes place in the historic Old Town Grassmarket below Edinburgh Castle. The enclosed street will be transformed with lots of playful activities on offer for children and their families. Enjoy playing with your child and visit one of the most picturesque areas of the city.

This event is organised by the City of Edinburgh Council, Early Years, in partnership with volunteers and the Edinburgh Play Forum



Come along and try:

- Giant Sand Pit
- Water Play
- Magic Potions
- Cardboard City
- Play Box
- Mud Kitchen
- Parachute Games
- Play for Babies
- Improbable City
- Junk Drumming
- Giant Games

Please note that access is free but children should be accompanied by an adult. For more information contact <u>cf.play@edinburgh.gov.uk</u> Play can be lively or relaxed, noisy or quiet, indoors or outdoors, solitary or with friends, light hearted or very, very serious!

Visit www.edinburgh.gov.uk/play

Why Play?

Children need freedom to play to practise skills, explore the world around them and develop understanding in their own way and in their own time. Real play comes from children's need to express themselves, to explore, learn about and make sense of their world.

Playing with your child is one of the most wonderful things about being a parent. It's a vital part of the way babies and children grow and learn. The time you have fun together brings you closer, makes your child feel loved and secure, helps them develop self esteem and social skills.

National Playday is a celebration of children's right to play and a campaign that highlights the importance of play in children's lives.

Most of all play is FUN!

