

Free activities! All welcome!

Thursday 13th August 2015, 11am-3pm

At Broomhouse Market, Broomhouse Grove All Weather Court, The Broomhouse Centre

Connecting communities, supporting healthier lifestyles



Broomhouse Health Strategy Group Tel: 0131 467 7678



The Broomhouse Centre Tel: 0131 455 7731 "You can find out about the health and wellbeing services that happen in your local community - and have a great day out too!"



In Broomhouse Market and Broomhouse Grove All Weather Court:

- Cooking Up A Story: fun storytelling sessions in the grass
- Musical Activity Sessions: noisy fun sessions 1pm & 2pm with Dad's Rock
- Fruity Fun: make your own delicious fruit kebab or fruit funny face
- Smoothie Making
- Craft Activities: kite making with the BIG Project
- Face Painting
- Music: with Local DJ

- Sporting Challenges: with 12pm-1pm Salvesen Football Club 1pm-2pm Forrester Rugby Club 2pm-3pm High Flyers Basketball Club
- Rowing Challenge and Health MOT: Edinburgh Leisure
- Stalls: Mother and Toddler Group, St David's Church, Smoking Cessation, Sighthill Library, Community One Stop Shop, LGBT, Napier University

In The Broomhouse Centre:

- Drop in cookery session: fun baking inspired by the storytelling sessions
- Cool Creatures: meet some amazing animals 12.30pm-2pm
- BBQ and Afternoon Tea

- Complimentary Therapies: 1:1 reflexology sessions
- Sumo Wrestling: have some wild fun

Supporting **Healthier** Lifestyles

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