



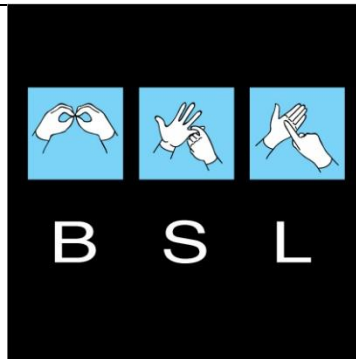
# west edinburgh time bank

NEWSLETTER SEPTEMBER 2015



## NICOLA STURGEON VISITS WEST EDINBURGH

Nicola Sturgeon came along to the Healthy Living Centre on Mon 7<sup>th</sup> Sep and alongside other projects and service users Morag was given the opportunity to tell her about our project in West Edinburgh (The First Minister did know a little about Time banking) – after all its not what you know!!



## MORAG COMPLETED INTRODUCTION TO BRITISH SIGN LANGUAGE

Morag is delighted to say she passed her introduction to British Sign Language with 95% and looks forward to being able to use it for the benefit of West Edinburgh Time Bank members in the future



@ The Health Agency

## A NATURAL HEALTH SERVICE IS COMING TO THE HEALTH AGENCY

Starting this September **Grass Roots Remedies** will be offering Professional Herbal Consultations and Workshops to residents, staff and service users - **Wednesdays 9am – 8pm** (pay what you can afford £5 - £20 suggested donation for service users)

Dates for your diary --- A quick reminder of our next social activity – a visit to **Royal Botanical Garden Edinburgh Friday 25<sup>th</sup> September** (mobility scooters available) – just bring bus fares and packed lunch – please contact Mo if you would like to attend on 0131 453 9400

Please let me know what content you would like in future newsletters by emailing or calling Mo – [moragw@edinburghtimebanks.org.uk](mailto:moragw@edinburghtimebanks.org.uk) – 0131 453 9400