

**South West Edinburgh Local support programme**

**Stop smoking support available in your local area.  
No pressure No lectures Just support**

<b>Monday 09.00 -10.30 (Drop-in)</b>	<b>Sighthill Health Centre 380 Calder Road, Edinburgh EH11 4AU</b>
<b>Tuesday 13.30 -15.00 (Drop-in)</b>	<b>Westerhailes Healthy Living Centre 30 Harvesters Way, Edinburgh EH14 3JF</b>
<b>Tuesday 17.30 -18.30 (Support Session)</b>	<b>Tollcross Medical Centre 10 Ponton Street EH3 9QQ <i>(please phone before coming along)</i></b>
<b>Wednesday 09.30 -11.00 (Drop in)</b>	<b>Broomhouse Centre 79-89 Broomhouse Crescent, Edinburgh EH11 3RH</b>
<b>Wednesday 17.30-18.30 (Support Session)</b>	<b>Carrickvale Community Centre 2 Saughton Mains Street EH11 3RQ</b>
<b>Thursday 09.30 -11.00 (Drop-in)</b>	<b>Slateford Medical Centre 27 Gorgie Park Close Gorgie Park Rd, EH14 1NQ</b>

**Support Session:** No appointment needed, just come along at the start of a session.

**Drop-in:** No appointment needed, just come along between the stated times.

**Individual appointments:** Call to arrange a suitable time.

Please let us know if you have any communication or mobility difficulties and we will be happy to help.

**Interpreter and translator** are available on request.

**Sign Language interpreters** are available on request

**Contact for deaf people 07824 300 237**

**If the sessions above are not suitable or if you would like more information on how we can support you please contact us on 0131 537 7154 or 0131 672 9532 or email [SmokefreeSouthedin@nhslothian.scot.nhs.uk](mailto:SmokefreeSouthedin@nhslothian.scot.nhs.uk)**

*(Please note this programme is subject to change)*

## South East Edinburgh Local support programme

Stop smoking support available in your local area.  
No pressure No lectures Just support

Monday 10.00 - 11.00 (Support Session)	Mountcastle Surgery 132 Mountcastle Drive South EH153LL
Monday 17.30 - 18.30 (Drop in)	East Neighbourhood Centre Library 110 Niddrie Mains Road EH16 4DS
Tuesday 18.15 - 19.15 (Support Session)	Gilmerton Community Centre 4 Drum Street EH17 8QG
Wednesday 12.30 - 13.30 (Support Session)	Gracemount Medical Centre 24 Gracemount Drive EH16 6RN
Wednesday 18.15 - 19.15 (Support Session)	Oxgangs Library 343 Oxgangs Road North EH13 9YL
Wednesday 17.30 - 18.30 (Support Session)	Piershill Library 30 Piershill Terrace EH8 7BQ
Thursday 09.30 - 11.00 (Drop in)	Slateford Medical Centre 27 Gorgie Park Close Gorgie Park Rd, EH14 1NQ
Thursday 11.00 - 12.30 (Drop in)	Craigmillar Medical Group 106 Niddrie Mains Road EH16 4DT Open to Craigmillar Practice and Niddrie Practice patients
<p><b>Support Session:</b> No appointment needed, just come along at the start of a session.  <b>Drop-in:</b> No appointment needed, just come along between the stated times.  <b>Individual appointments:</b> Call to arrange a suitable time.</p> <p>Please let us know if you have any communication or mobility difficulties and we will be happy to help.  <b>Interpreter and translator</b> are available on request.  <b>Sign Language interpreters</b> are available on request  <b>Contact for deaf people 07824 300 237</b></p> <p>If the sessions above are not suitable or if you would like more information on how we can support you please contact us on 0131 672 9532 or 0131 537 7154 or email <a href="mailto:SmokefreeSouthedin@nhslothian.scot.nhs.uk">SmokefreeSouthedin@nhslothian.scot.nhs.uk</a></p> <p><i>(Please note this programme is subject to change)</i></p>	