



GARDEN KITCHEN

A reminder that the Garden Kitchen is open every Tuesday 12pm- 2pm

A team of volunteers assist with the preparation of homemade soups, salads, smoothies and flapjacks under the supervision of a Time bank staff member. All volunteers are members of West Edinburgh Time Bank and receive time credits for their involvement.

PRICES START AT £3

CONTACT TRACEY LEE FOR INFORMATION 0131 453 9400



WEST EDINBURGH TIME BANK CHRISTMAS LUNCH

FRIDAY 04th DEC

As Time Bank members the decision about where you would like to go for Christmas Lunch is yours:

The choices are –

Toby Carvery
(Traditional Christmas Fayre)
£10 - £14pp

China Red
(Chinese/English Buffet)
£10 pp

West Edinburgh Time Bank will pay for your transport and non-alcoholic drinks.



Inspiring our community through arts

30 WESTBURN GROVE EDIN EH14 2SA

WEEKLY EVENTS

smART CRAFT - Mondays, 1pm - 3pm - £2 per session - A weekly visual arts and crafts group for adults with complex or additional support needs.

Stitch 'n' Time Tuesdays, 1pm - 3pm – FREE - This sociable sewing and crafting class is led by a professional textile craftswoman.

South West Sounds - FREE - Monthly music drop-in sessions. Write and play with a mix of local and professional musicians.

Let's DANCE! - Thursdays, 7pm - 8:30pm - £3 per session - Social dancing for the over 40s

Drama @ WHALE - Thursdays, 7pm - 9pm – FREE - Bring out your dramatic side and get on stage with our group *WHALEs Without a Cause*.

WHALE Snappers - One Wednesday a month, 6pm - 9pm - £4 per session - Anyone with an interest in taking photos etc

WHALE Growing Space - Help us to maintain WHALE's new community garden.

PLEASE CALL FOR MORE DETAILS - 0131 458 3267