

## Monday

### Carrickvale Comm Centre

Computing Beginners 10-12  
Literacy Group 1-3  
ESOL Elementary – 6-8  
... + Adult Educ. Programme classes and other private let groups

### Clovenstone Comm Centre

Welfare Advice Sessions:  
9.30-10.30 – Drop-In  
10.30-1.30 Appointments  
Job Club Drop-In 12.2pm

### Gate55

Everyday Maths – 10-12  
PEEP 1-2.30  
Everyday English - 6-8

### Pentland Comm Centre

Beginners IT - 1-3  
Internet for Job Seekers drop-in  
3.15-5.15

### Ratho Comm Centre

Pilates 6-7pm  
Tae Kwon Do 8-9pm

### St Brides Comm Centre

BSL Group 11-12  
ESOL 1-3.30  
Carpet Bowls – 1.15-4  
Stop Smoking Support 1.30-3  
Egyptian Belly Dancing (various classes) 7-9  
Lipreading 7-9

### Tynecastle Comm Wing

Women's ESOL Beginner 1-2.30  
One to One Employability Guidance: appointments 12.30-4

## Tuesday

### Broomhouse Primary School

ESOL Parents Beg 9.15-11.15am

### Carrickvale Comm Centre

Zumba [PL] 10-11  
Numeracy Group – 1-3  
Carpet Bowls 1.30-3.30  
... + Adult Educ. Programme classes and other private let groups

### Gate55

Everyday English 10-12  
ESOL Beginners 12-2  
Young Mums 12.00-2.30  
Carpet Bowls 1.30-4

### Pentland Comm Centre

Computer Group 9.30-12  
Pentland Walking Group  
10.30-12

### Ratho Comm Centre

Art Club – Multimedia 7-9

### St Brides Comm Centre

Linton Adie Singing Group –  
10.15-12.15  
Line Dancing 12.30-2.00  
ESOL 1-3.30  
Yoga (all levels) – 6.15-7.45

### Tynecastle Comm Wing

Women's ESOL Mixed Level  
1-2.30

## Wednesday

### Broomhouse Centre

Literacy Group 11.45-1.45

### Carrickvale Comm Centre

ESOL All Talk 10-12  
Sequence Dance 11am-1pm  
Stop Smoking Support 5.15-8pm  
... + Adult Educ. Programme classes and other private let groups

### Clovenstone Comm Centre

Family Activity Club 6-8

### Gate55

Crechework Course 9.30-11.30  
Raising Children with Confidence  
12.30-2.30  
Intro to Office Skills 9.30-11.15  
Computing Beg 12-2.00  
Young Mums 12.00-2.30  
ESOL Intermediate 6-8  
Dyslexia Strategies 6.30-8.30  
Everyday Maths 6.30-8.30

### Pentland Comm Centre

Computer Group 10-12

### Ratho Comm Centre

50+ Group (fortnightly) 2-4  
SWRI (2<sup>nd</sup> Weds of month) 7-9

### St Brides Comm Centre

Drawing & Painting – 10-12  
Lipreading 10-12  
ESOL 1-3.30  
Carpet Bowls – 1.15-4.00

### Tynecastle Comm Wing

Computer Drop In 10-12  
Postnatal Course 11.30-1.00  
Antenatal Course 1.30-3.30  
Conversation Café (ESOL) 12.30-2pm

## Thursday

### Carrickvale Comm Centre

Fit Steps [PL] 10-11am  
Pilates [PL] 6-8pm  
Yamaue Aiki Jutsu 7-8  
... + Adult Educ. Programme classes and other private let groups

### Clovenstone Comm Centre

Computer class 10.30-12.30  
English as a Second Language (ESOL) 5.45-7.45

### Gate55

SQA Level 4 Child  
Development 9.30-11.30  
Everyday English 1-3  
Carpet Bowls 1.30-4

### Pentland Comm Centre

Confident Communications  
10-12  
Creative Writing 10-12

### Ratho Comm Centre

Ratho Ravers 50+ 10-12  
Information Café (last Thurs  
of month) 10-12

### St Brides Comm Centre

Tai Chi – 10-11am  
Ladies Gentle Exercise (55+)  
10.45-11.45  
Drama Group 1.30-3  
Scottish Country Dance 2-3.30

### Tynecastle Comm Wing

Everyday Reading and Writing  
10.30-12.30  
Postnatal Drop In 1.30-2.30  
Write On! 3.30-5.00

## Friday

### Carrickvale Comm Centre

Sequence Dancing 1.45-3.45  
... + Adult Educ. Programme classes and other private let groups

### Gate 55

Using Numbers 10-12

### Pentland Comm Centre

All Talk (ESOL) 10-12

### Ratho Comm Centre

NHS Baby clinic 9.30-11.30  
Keep Fit 9.30-10.30

### St Brides Comm Centre

Yoga 10-12

### Tynecastle Comm Wing

One to One Employability  
Guidance: Appointments 10-3  
USE IT – Digital Skills 9.30-12.30

### Wester Hailes Health Agency

Women's Group 10.30-12.30

## Saturday

### Carrickvale

Yamaue Aiki Jutsu (martial arts)  
youths/adults 10.30-12

### Gate55

Adult Archery 10-12 (monthly)

## Additional Information:

**Carrickvale, Tynecastle and Pentland** are venues for Adult Education Programme run by City of Edinburgh Council. A full list of classes operating throughout the city and in **Tynecastle HS, WHEC, Balerno** and **Currie CHS** can be found on [www.edinburgh.gov.uk/adultcourses](http://www.edinburgh.gov.uk/adultcourses)

*This programme gives a flavour of what is on offer in our centres – there is more!*

*Contact Centres direct for detailed information – as well as Adult Education classes run by City of Edinburgh Council, Centres run additional provision through outside bodies and partnership working so please ask for a copy of their individual programme*

\* referred Group

Produced by Community Learning & Development

For a comprehensive list of courses/events run by CLD throughout the city  
go to [www.joininedinburgh.org](http://www.joininedinburgh.org)

PROGRAMME SUBJECT TO CHANGE

Learning is



## CONTACT INFORMATION FOR COURSES AND GROUPS :

Broomhouse Centre

Contact Morag at Carrickvale - 0131 443 6971

Carrickvale Community Centre

Telephone No: 0131 443 6971

Clovenstone Community Centre

Telephone No. 0131 453 4561

Gate55

0131 458 5095

Pentland Community Centre

Telephone No: 0131 445 2871

[www.pentlandcommunitycentre.com](http://www.pentlandcommunitycentre.com)

Ratho Community Centre

Telephone No: 0131 333 1055

St Brides Community Centre

Telephone No: 0131 346 1405

Tynecastle Community Wing

Telephone No: 0131 337 3275

Wester Hailes Health Agency – contact Claire at Gate 55 –  
0131 458 5095

Community Learning & Development

# Adult Learning & Activity Programme South West & Pentland

## April – June 2016



[www.joininedinburgh.org](http://www.joininedinburgh.org)

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