



**LEARNING OPPORTUNITIES  
AND  
ACTIVITIES IN YOUR AREA**

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**WHAT'S ON GUIDE**

# Problems with your shower?



Too hot or cold?



Fluctuating temperature?



Constant dripping?

## Call **The Shower Doctor** on **0131 538 4343**

or visit [www.edinburghshowerrepairs.co.uk](http://www.edinburghshowerrepairs.co.uk)

& get **15% OFF** our labour charge!

Quote ref. **"WS15"**

## Why choose The Shower Doctor?

- Experienced engineers

- SNIPEF registered

- 1000s of spares in stock

- Upfront about costs

Established in 1993 as a family business, The Shower Doctor has been helping the people of Edinburgh and Lothians with all their shower issues for over 22 years. We install and repair electric showers, mixer showers, shower pumps, power showers, water heaters and more. We cover all the major manufacturers:

**AQUALISA**

**BRISTAN**

**mira**  
SHOWERS

**Galaxy**

**TRITON**

The Great British Shower Company

**Ideal**  
STANDARD

**hansgrohe**  
AXOR | PHARO

**Salamander Pumps**

**Deva**

**REDRING**



**ULTRA**  
FINISHING

**gainsborough**  
SHOWER

**STUART TURNER**  
ESTABLISHED IN 1961

**newTeam**

**SIRRUS**

**rada**

**Supajet**

**Creda**

**crosswater**

### How to find us:

**The Shower Doctor Ltd**

11-13 Hailes Park Industrial Estate,  
Dumbryden Drive, Edinburgh, EH14 2QR  
Repair service: **0131 538 4343** (option 2)

We're also on Facebook, Twitter & YouTube.



The **Digital Sentinel** is a community news website ([www.digitalsentinel.net](http://www.digitalsentinel.net)) for Wester Hailes in south west Edinburgh.

Our content is created by residents who report news, opinion and events which is relevant to people living here.

Any resident is also able to submit and comment on content.

The Digital Sentinel is an ethical media site which aims to represent Wester Hailes as the vibrant and rich community it is.

We are publishing a QR code here which will take you straight to the Digital Sentinel site. QR stands for Quick Response and it works just like a barcode at the supermarket.

Use your mobile phone or iPad or tablet to access the Digital Sentinel website. If you have a QR scanning app on your phone just hold it above the QR code and then your phone will open up the homepage on the Digital Sentinel website - where you will find many stories about Wester Hailes. If you have a story then email it to [digitalsentinel@whalearts.co.uk](mailto:digitalsentinel@whalearts.co.uk)

While you are at it then you might wander down to the Digital Totem Pole by the canal to see what comes up when you scan the QR codes there too!



## Wester Hailes Fun Run/Walk 2016

### Save The Date!

### Sunday 19<sup>th</sup> June 2016



5k route starting and finishing at Wester Hailes Education Centre  
**New for 2016:** option of 10k route for runners!

Everyone can take part—serious runners, fancy dress runners, families, friends etc. You can run, jog or walk, it's up to you!

**For more information please contact Caroline Richards on 0131 272 5025.**

The Wester Hailes Fun Run is organised in partnership by Wester Hailes Community Council, CHAI, Prospect Community Housing, The Health Agency, SCOREscotland, KCYC Youth Club, Police Scotland, Wester Hailes Education Centre, South West Community Learning and Development, Dads Rock, Children And Families

# **SATURDAY MORNING PROGRAMME SUMMER TERM 2016**

As part of the development of learning opportunities in the local area, the South West Edinburgh Community Learning Partnership has organised a programme of **FREE** Saturday morning talks, workshop and activity sessions which will take place in venues throughout the local area.

**23 April 10.30am – 12 noon**

## **Free Online Resources in your Local Library**

Your local library can offer you a wide range of **FREE** online resources. Come along to this session and bring your iPad or laptop to enable you to access this treasure trove of resources from home e.g. Driving Theory Tests; language courses including German, English, French, Spanish, Chinese, Italian; free access to newspapers and magazines; local and family history information archives and websites e.g. Ancestry. Expert help and advice in a small friendly group! No need to book – just turn up!

**Venue: Wester Hailes Library**

**7 May 10.30am – 12.30pm**

## **Delicious Desserts with Gina of the Bellini Cookery School**

It's fruity time, so let's eat with the seasons! Let's make some yummy, simple desserts to satisfy your sweet tooth and your budget. Learn how to make a crisp apple crumble, summer berry cheesecake and creamy low fat strawberry fool.

**Venue: Gate 55, 55 Sighthill Road**

**21 May 10.00am – 12.00/1.00ish**

## **Summer Birdwatching around Hailes Quarry Park and the Union Canal**

This is the second session in a series of wildlife sessions led by Rik of Wester Hailes Wildlife. Over 35 species of birds breed in Wester Hailes and over 80 have been recorded. Come and join us for a guided walk of all things wildlife! The walk length will be 2–3 hrs. Strong footwear advised and binoculars will be provided. U16s must be accompanied by an adult.

**Venue: Meet at the Climbing Wall in Hailes Quarry Park**

**28 May & 4 June 10.30am – 12.30pm**

## **Driving Theory Workshops 1 & 2**

Learning to drive? Come along to this friendly introduction to the theory test to help you prepare using a variety of techniques e.g. handouts, games and computers. Two workshops focussing on different topics are delivered over two weeks by Sarah Lewin, owner and driving instructor of automatics4u Driving School.

**Venue: Gate 55, 55 Sighthill Road**

**4 June 10.30am – 11.30am**

## **Business Start Up – Awareness Raising Introductory Session**

Are you:

- Thinking about becoming self-employed?
- Full time or part time?
- Want to earn a living or earn some extra money?
- No idea how to get started?

We can offer independent and confidential advice, specialist support, upskilling and can

direct you to the people you need to see and help you with training. This Business Gateway workshop aims to make you aware of the various requirements involved in setting up a business and is the first in a series of four free sessions.

**Venue: Wester Hailes Library Community Room**

**11 June 10.30am – 1.30pm**

**Business Start Up – Marketing Your Business**

This Business Gateway workshop aims to help you identify your customers, understand your competitors and plan an effective marketing strategy.

**Venue: Wester Hailes Library Community Room**

**18 June 10.30am – 1.30pm**

**Business Start Up – Business Planning**

This Business Gateway workshop will help you create a robust Business Plan.

**Venue: Wester Hailes Library Community Room**

**18 June 10.30am – 12.30pm**

**Summer Dishes with Gina of the Bellini Cookery School**

Tantalise your taste buds with deliciously light and low cost recipes as we skip towards the sunny days of summer - leek and potato soup; light, fluffy fishcakes and creamy fresh strawberry 'n' mascarpone dessert.

**Venue: Gate 55, 55 Sighthill Road**

**25 June 10.30am – 1.30pm**

**Business Start Up – Finance**

This Business Gateway workshop aims to give an introduction to the role of finance in business.

**Venue: Wester Hailes Library Community Room**

**25 June 2.20pm – 3.30pm**

**Scottish Parliament Visit**

This is a great opportunity to enjoy a guided walking tour of the Scottish Parliament building and to find out more about how the Scottish Parliament works. This one-hour tour takes you from the Main Hall to the Garden Lobby then the floor of the Chamber to see where the MSPs meet to debate. You will also visit a Committee Room and explore further into the building, to allow views of the MSPs office block and historic Queensberry House. Please advise us if English is not your native language or if you have mobility issues. Numbers are strictly limited for this tour so booking must be made in advance by contacting 0131 458 5959.

**Venue: Scottish Parliament, Canongate**

**ALL SESSIONS ARE FREE OF CHARGE AND MUST BE BOOKED IN  
ADVANCE – BOOK NOW ON 0131 458 5959**

**For full details, please contact  
Anne or Christine on the above telephone number or**

**email: [anne.livesey@ea.edin.sch.uk](mailto:anne.livesey@ea.edin.sch.uk)**

**[www.joininedinburgh.org](http://www.joininedinburgh.org)**

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# South West Community Learning Learning and Activities Summer Term

## **TYNECastle COMMUNITY WING**

**[www.joininedinburgh.org/organisation/39/](http://www.joininedinburgh.org/organisation/39/)**

**Tynecastle High School, McLeod Street, Edinburgh, EH11 2ND, 0131 337 3275**

\* ESOL (Women Only) \* WEA CT Employability Advice and 'Just Do It' - Employability Courses for Young People \* Everyday Reading and Writing Course for Adults \* PEEP Babies Group \* Digital Skills Academy \* Adult Education Programme Classes \* Computer Drop In and much more!

## **ST BRIDE'S COMMUNITY CENTRE**

**[www.stbrides.org/](http://www.stbrides.org/)**

**10 Orwell Terrace, Edinburgh, EH11 2DZ, 0131 346 1405**

\* Art Exhibitions \* BSL Group \* Carpet Bowls \* Ceilidhs \* Children's Club \* Concerts \* Dance Classes for Children and Young People \* Drawing and Painting \* Edinburgh College ESOL \* Egyptian Belly Dancing \* Family Cinema \* Gentle Exercise for Women over 55 \* iPad Arts \* Line Dancing \* Linton Adie Singing Group \* Lip Reading \* Parents and Toddler Group \* Scottish Country Dancing \* St Bride's Drama Group \* Stagecraft and Drama for Young People \* Tai Chi \* Theatre Performances \* Tiny Tots Dance \* Yoga \*

## **CLOVENSTONE COMMUNITY CENTRE**

**[www.joininedinburgh.org/organisation/36/](http://www.joininedinburgh.org/organisation/36/)**

**54 Clovenstone Park, Edinburgh, EH14 3EY, 0131 453 4561**

\* After School Clubs \* Boxing Club \* Computing Classes \* Café \* Creative Arts \* Debt Advice Surgery \* Drop In Groups \* ESOL Classes \* Family Group \* Job Club Drop In \* Hip Hop Dance \* Parent/Carer & Baby Group \* Youth Clubs \* Zumba \*

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# Learning and Development for Adults and Families Term 2016

## **CARRICKVALE COMMUNITY CENTRE**

**[www.carrickvalecommunitycentre.com](http://www.carrickvalecommunitycentre.com)**

**2 Saughton Mains Street, Edinburgh, EH11 3HH, 0131 443 6971**

\* Adult Education Programme \* Baby Ballet \* Ballet Classes \* Café \* Carpet Bowls \* Cheerleading Classes \* Computing for Beginners \* SQA Computing \* ESOL \* Everyday English \* Fit Steps \* Gentle Exercise \* Highland Dancing \* Jazz Classes \* Karate \* Line Dancing \* Parent and Toddler Group \* Pilates \* Sequence Dancing \* Yamaue Aiki Jutsu (martial art) \* Working with Numbers \* Youth Clubs \* Youth Activities – Guitar, Fencing, Art Club \* Archery \* Zumba \* Stop Smoking Support Group \*

## **GATE 55**

**<http://www.joininedinburgh.org/organisation/63/>**

**55 Sighthill Road, Edinburgh, EH11 4PB, 0131 458 5095**

\* ESOL \* Everyday English and Using Numbers \* Office Work: An Introduction \* Managing Dyslexia \* Introduction to Crèche Work \* Raising Children with Confidence \* Carpet Bowls \* Judo \* Yoga \* Computing for Beginners \* Young Mums Group \* Senior Drop-in Youth Group \* Junior Art Club \* Kitchen Club Cookery Classes \* Bookbug (1<sup>st</sup> Friday each month) \* Parents' Group \*

## **GORGIE MEMORIAL HALL**

**[www.gorgiemem.org/](http://www.gorgiemem.org/)**

**338 Gorgie Road, Edinburgh, EH11 2QU, 0131 337 3275**

Currently closed for roof repairs. It is hoped that the Centre will reopen in April/May 2016.

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# South West Outreach Project

FREE & CONFIDENTIAL WELFARE RIGHTS ADVISER  
WORKING FROM VARIOUS VENUES  
ACROSS SOUTH WEST EDINBURGH

Problems with Universal Credit, Housing Benefit,  
Job Seekers Allowance, Employment Support Allowance?

- Affected by the Bedroom Tax?
- Need a crisis grant or care grant?
- Unable to budget every month?
- Problems with rent arrears?

## **Clovenstone Community Centre**

**Mondays** 9.30am – 1pm  
(Drop in 12.00-1.00pm)

## **WHALE**

**Tuesdays** 9.30am - 1pm  
(Drop in 9.30-10.30am)

## **Healthy Living Centre**

**Wednesdays**  
9.30am - 1pm  
(Drop in 9.30-10.30am)

## **Oxgangs Library**

### **Alternate Thursdays**

10am - 1pm  
(Drop in 10.00am- 11.00am)

**April: 7, 21**

**May: 5, 19**

**June: 2, 16, 30**

## **Wester Hailes Library**

### **Alternate Thursdays**

10am - 1pm  
(No drop in)

**April: 14, 28**

**May: 12, 26**

**June: 9, 23**

TO MAKE AN APPOINTMENT SEE THE RECEPTION DESK  
OR CALL: **0845 3024607** QUOTE "SWOP PROJECT"





## SiMBA Drop In Support Group

SiMBA is here to support anyone who has suffered the loss of a baby during pregnancy or close to the time of birth.

Please join us at our drop-in support group on the last Wednesday of every month from 6.45pm – 8.45pm in the 'kitchen' of Gate 55, 55 Sighthill Road, Edinburgh EH11 4PB.

The group is run by Jenni Morris and Vicky Hogg. For further information you can contact Jenni Morris on 07894165579 or Sara Fitzsimmons on 01368 860141.

*'Responding to the needs of those affected by the loss of a baby'*



## FREE COOKING CLASSES WITH KITCHEN CLUB AT GATE 55

Wednesday mornings 9.30am – 11.30 am  
27<sup>th</sup> April 2016 – 22<sup>nd</sup> June 2016 for 8 weeks  
(\*excluding Wed 15<sup>th</sup> June)

Join our friendly Kitchen Club - Cooking Group, to improve your cooking skills and health through good nutrition. Learn more about how to make low cost healthy meals for all the family, as well as saving time and money on food shopping.

For further information, or to book a place, please contact Cath Tansey, on 0131 458 5095 or email [cath.tansey@ea.edin.sch.uk](mailto:cath.tansey@ea.edin.sch.uk)

Early booking recommended – priority to people living in South West Edinburgh.

Gate 55,  
55 Sighthill Road, Edinburgh EH11 4PB

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## Wester Hailes Community Council


represents residents of Murrayburn, Clovenstone, Westburn, Dumbryden, Calders, Hailesland and all other areas in Wester Hailes

**Would you like to get involved and help to look after your local area? Would you would like to raise any issue?**

Join us at:  
Wester Hailes Library, 18:00 – 19.45pm

**Every first Wednesday of the month:  
4<sup>th</sup> May, 1<sup>st</sup> June, 3<sup>rd</sup> July 2016**

**For more information contact us on:  
[westerhailesc@gmail.com](mailto:westerhailesc@gmail.com)**

**We are also on Facebook:**  
 Wester Hailes Community Council

**DO WHAT U WANNA DO**

**OPEN ALL HOURS**

**@ OPEN ALL HOURS**

**\$1-\$6**

Two hours of fantastic activities for just **£1**

**@Wester Hailes Education Centre**

**Fridays from 7.00pm to 9.00pm**

**Lots of sports, activities and refreshments!**

**Gym, swimming, football, badminton chill out, arts and crafts and lots more!**

For more information contact Claire McGeary on 0131 458 5095 or email: [claire.mcgeary@ea.edin.sch.uk](mailto:claire.mcgeary@ea.edin.sch.uk)

Edinburgh Leisure Gate 55



**WEACT... for You, for Young People, in Partnership, with Employers...**

Do you want to get back to work?  
Do you want to find a job that you really enjoy?  
Do you want expert support to help you find work?

### **WEACT can help**



#### **Our services include:**

- Personal development planning
- Careers and employment guidance
- Job searching facilities
- Free programme of training to boost your job prospects
- In-work support
- Advice on small business set-up
- Guidance and support in accessing education

**If you would like to access our services please drop in to register.**

Our opening hours are:

<b>Monday, Tuesday, Thursday</b>	9.30am - 4.30pm (closed 12 - 1pm)
<b>Wednesday</b>	9.30am - 12pm
<b>Friday</b>	9.30am - 4pm (closed 12 - 1pm)

**WEACT Gate 55  
55 Sighthill Road  
Edinburgh EH11 4PB  
Tel: 0131 477 2800**



Re-Union Canal Boats

Get Involved in your Canal!

Feel better through our canals



Learn boating skills, get to know our canals and their wildlife and plants, become a walk leader, try new ways of approaching your health and wellbeing, find out about local volunteering opportunities. Alternatively, book our boat for a cruise along the Union Canal.

Contact Anna now for more info:  
[anna@re-union.org.uk](mailto:anna@re-union.org.uk) / 0131 261 8529

[www.facebook.com/reunion.boats](http://www.facebook.com/reunion.boats)   [www.re-union.org.uk](http://www.re-union.org.uk)   @ReUnion\_Ltd

## Community Navigator - Information for People 65+

Fortnightly at:

**Oxgangs Library - Tuesday morning 10.00am – 12.00pm**

**Currie Library – Tuesday afternoon 2.00pm – 4.00pm**

**Morningside Library - Wednesday morning 10.30am - 12.30pm**

**Wester Hailes Library - Wednesday afternoon 2.00pm – 4.00pm**

**Sighthill Green Medical Practice - Thursday 10.00am - 12.00pm**

**Balgreen Library - Wednesday evening 5.00pm - 7.00pm**

**Fountainbridge Library - Monday afternoon 2.00pm - 4.00pm**

For more information contact [Edyta@health-in-mind.org.uk](mailto:Edyta@health-in-mind.org.uk)  
 Tel: 0131 225 8508





From 11th April 2016 we are changing the times  
of our Drop in at the Pyramid Youth Centre at  
44 Dumbryden Drive:

Junior (8 years – P6)

Tuesday 6-8pm

Saturday 10am-12pm

Intermediate (P7 – S2)

Monday 7-9pm

Thursday 7-9pm

Senior (S3 – 18 years)

Wednesday 7-9pm

Friday 7-9pm

Activities include; big games/activities, cooking, board games, pool, table tennis, arts and crafts, nail art, face painting, access to consoles, health information and advice and a Saturday morning Breakfast Club.

For further information please call us on  
0131 4424015 or email us at [info@youthagency.net](mailto:info@youthagency.net)  
[www.youthagency.net](http://www.youthagency.net)