

# WHAT'S ON AT WHALE

**Jan– Mar 2019**

**WHALEARTS** •  
Creative, Connected, Community.

## CHILDREN & YOUNG PEOPLE



### LYCEUM YOUTH THEATRE

When Weds | 23 Jan – 27 Mar  
3.30 – 5pm  
Where WHALE Arts  
Who 10 – 14

Explore your dramatic skills with theatre professionals from the Lyceum Theatre. Please get in touch for more information and to register.

### STARCATCHERS: EXPECTING SOMETHING

When Thurs | 10 Jan – 21 Mar (no session 14 Feb)  
10.30am – 12.30pm  
Where WHALE Arts  
Who 0 – 2 & parents under 25

Are you under 25 with a little one age 0-2 or expecting a baby soon? Come along to our favourite good vibes group to meet other young parents, babies and bumps, and try some artist-led creative activities with Starcatchers. Free lunch provided.

### STREET ARTS

When Thurs | 24 Jan – 28 Mar  
4.45 – 7pm  
Where Playparks around Wester Hailes  
Who 7 – 16

Come and find the Street Arts team out on the streets. Art, music, drama, photography and more. Like our Street Arts WHALE Facebook page for more info and find us at: Westburn 4.45 – 5.15pm, Harvesters 5.25 – 5.55pm, Dumbeg 5.55 – 6.25pm, Barn Park 6.30 – 7pm.

### smARTies: I ♥ ART

When Fri | 18 Jan – 29 Apr (no session 15 Feb)  
2.15 – 3.45pm  
Where WHALE Arts  
Who 6 – 12

Come along and get creative at art club every Friday! Drop-in session but you will have to register to take part.

## NEW: PLAY SENSE CREATE

When Sat 19 Jan  
1.30 – 3.30pm  
Where WHALE Arts  
Who 5 – 11 with Additional Support Needs and their families

Multi-arts project for primary aged young people with Additional Support Needs/Disabilities and their families. Featuring dance, music, art, drama and more! Come along to our first Saturday session to try out some arts and crafts and help us plan session days, times and what you'd like to do! Please get in touch to find out more. Email [play-sense-create@whalearts.co.uk](mailto:play-sense-create@whalearts.co.uk)

## ADULTS

### smART CRAFT

When Mon | 14 Jan – 25 Mar  
1 – 3pm  
Where WHALE Arts  
£2 per session | Spaces are limited so please call or email to register

A weekly visual arts and crafts group for adults with complex or additional support needs. The group explores creativity and expression with varied art materials, and is run by a professional artist and support worker.

### STITCH 'N' TIME

When Tues | 15 Jan – 26 Mar  
1 – 3pm  
Where WHALE Arts  
Free | Spaces are limited so please call or email to register

This sociable sewing and crafting class focuses on learning new skills and projects which help the local community. Come and share a cuppa!

### ARTY PARTY

The Arty Party promotes and raises appreciation of all art forms within Wester Hailes, for older people and those who are traditionally excluded from the arts through barriers of income or physical inaccessibility.

## WORKING WITH WORDS in WESTER HAILES

Through residencies with Scottish Poetry Library and Open Book we have a range of creative writing activities across the community. No writing experience needed. Free | Please call or email to register



### OPEN BOOK SHARED READING GROUP

When Weds | 9 Jan, 13 Feb, 13 Mar  
11.30 – 1pm  
Where Health Agency, Green Recpetion, Wester Hailes Healthy Living Centre

Shared reading and discussion sessions, with easy creative writing exercises.



### WHALE POETRY GROUP

When Wed | 23 Jan, 27 Feb, 27 Mar  
11.30 – 1pm  
Where WHALE Arts

Read, write and share poetry and prose as part of a friendly and sociable group.



### ROOM FOR ART

When Thurs | 10 Jan – 4 Apr  
12.30 – 2.30pm  
Where WHALE Arts  
Free | By referral

Free visual art workshops for health and well-being. Absolutely no previous experience of art necessary! These sessions are by referral only, please contact Iona at Art in Healthcare on 0131 555 7638 or [outreachmanager@artinhealthcare.org.uk](mailto:outreachmanager@artinhealthcare.org.uk).

## LET'S DANCE

When Thurs | 24 Jan – 28 Mar (no session 14 Feb)  
6.30 – 8pm  
Where WHALE Arts  
£4 | Please call or email to register

Relaxed and fun ceilidh dancing with expert tuition for adults. No previous experience required!

## NUSTART

When Fri | 11 Jan – 5 Apr  
10.30 – 1.30pm  
Where WHALE Arts  
£4 per session | Please call or email to register

NuStart are an enthusiastic group of amateur artists who meet to enjoy each other's company, create works of art, and critique paintings.



### TASTING CHANGE

Tackling food insecurity and promoting positive health and food opportunities in Wester Hailes. In partnership with CHAI, The Health Agency, SCORE Scotland and Prospect Community Housing Association.

## LETS CREATE

When Tues | 15 Jan – 5 Mar  
10 – 12.30pm  
Where WHALE Arts  
Women only | Current waiting list so please call or email to register

Lets Create is an arts group for women with a focus on building confidence and self-esteem. We explore a range of creative techniques, invite guest artists to deliver workshops, discuss issues in a supportive environment and share a bowl of soup at the end of each session.

## FRIDAY MUMS

When Fri | 17 Jan – 8 Mar  
2.15–4.15pm  
Where WHALE Arts  
Mothers and young children | Please call or email to register

Friday Mums is a group for mothers with young children who are interested in setting up their own business. We are working with industry expert Yvonne Bostock and invite guest speakers to deliver workshops. We provide a free crèche for children under 6.

## FOODNESS COMMUNITY MEAL

When Fri | 18 Jan - 29 Mar

1– 2pm

Where WHALE Arts

Come along for a delicious, healthy meal and spend time with people in your local community. In partnership with Broomhouse Change Kitchen, SCORE Scotland and Tasting Change.



## DIGITAL SENTINEL

The Digital Sentinel is the community news site for Wester Hailes. Share a story by contacting our Community Reporter on [digitalsentinel@whalearts.co.uk](mailto:digitalsentinel@whalearts.co.uk).

## DIGITAL SENTINEL I.T. HUBS

When Every 2nd Thursday | 17 Jan - 4 Apr  
10.30am – 12.30pm

Where Starting at WHALE Arts, alternating to Clovenstone Community Centre

Learn basic IT skills, get help with your IT devices and find out how you could become more involved with your local news website.

## JOB SEARCH AND ONLINE BENEFIT DROP-IN

When Mon | 21 Jan - 1 Apr | 12-2pm

Where Clovenstone Community Centre

When Wed | 16 Jan - 3 Apr | 1- 3pm

Where WHALE Arts

A drop-in offering support for online job search websites and online benefit applications. Please note these drop-ins are not welfare advice sessions.

### Our partners based at WHALE:

About Youth | [aboutyouth.uk](http://aboutyouth.uk)

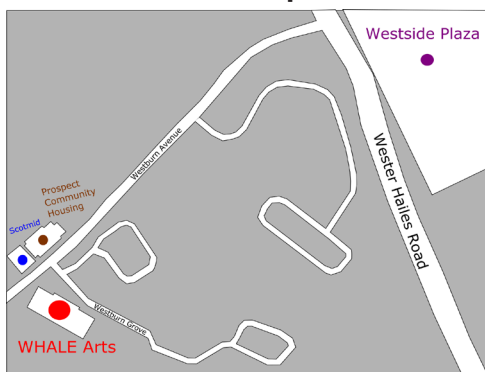
Dads Rock | [dadsrock.org.uk](http://dadsrock.org.uk)

SCORE Scotland | [scorescotland.org.uk](http://scorescotland.org.uk)

Broomhouse Centre | [broomhousecentre.org.uk](http://broomhousecentre.org.uk)

## WHAT IS WHALE ARTS?

The cultural anchor organisation for Wester Hailes, WHALE Arts' mission is to be the creative heart of a vibrant, thriving community. As a community-led arts charity and social enterprise, WHALE delivers projects, programmes and events, and connects our community with local and national cultural partners.



**WALK:** 5 min walk from Westside Plaza, Healthy Living Centre & Library.

**BUS:** Lothian 33 to door. 3, 18, 21, 30 to Westside Plaza and 5 min walk.

**BIKE:** 2 min from Union Canal towpath. Bike storage available.

**CAR:** Minutes from City Bypass (Baberton or Sighthill), Calder Rd. & Lanark Rd.

**TRAIN:** 5 min walk from Wester Hailes station.

Come and say hello:

9am – 5pm, Mon – Fri (& occasional Sat)

**This guide is available in large print.**

Find us here:

**WHALE Arts Agency**

**30 Westburn Grove**

**Edinburgh**

**EH14 2SA**

and here:

**T: 0131 458 3267**

**E: [info@whalearts.co.uk](mailto:info@whalearts.co.uk)**

**W: [www.whalearts.co.uk](http://www.whalearts.co.uk)**

...and here:

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